

# Local Resources *for the* LGBTQ Community

As a community we strive to care for ourselves and each other, knowing the barriers that can prevent LGBTQ folks from seeking care and services of various kinds in times of need. While in many instances we know what we need, and by coming together we can create the support networks and solutions we're looking for, we can only do so much in isolation. The Men's Program has worked hard to make medical, mental health and sexual health information available to the LGBTQ community, and we're sad to be closing our doors. But we're not the only ones doing this work – so here's a list of some of the resources available in this region, and nationally and online, that are open to LGBTQ people seeking support or knowledge.

This addition to the December newsletter contains resources we've compiled from the local community, as well as online resources available anywhere. This is just the beginning – we encourage everyone to go out and find the resources near you, and the people and places you can count on in various types of emergency. Take the time to learn what's out there now, before you are faced with a crisis. Our communities are only as strong as the networks we build to care for one another.

\*This resource list is provided as a service to the larger community, and represents a collection of publicly accessible resources gathered into one location. A listing herein does not imply recommendation or endorsement by the AIDS Project, its Board of Directors, or staff members.

## LGBTQ Inclusive Providers and Health Resources

### Trans-Inclusive Healthcare -----

- Vermont Diversity Health Project – directory of physical and mental health providers who are LGBTQ-inclusive, with lots of info about their practices and levels of experience working with different populations  
<http://vdhp.org/>
  - Trans-affirmative healthcare providers Vermont directory  
<http://www.ru12.org/trans-affirmative-medical-providers.html>
  - Trans resources from the Vermont RU12 Community Center, including hormone information and an injection guide, a list of health and wellness organizations, and support resources for families and allies  
<http://www.ru12.org/transgender-resources-and-information.html>
  - Forge – trans resources, anti violence resources for transfolks, health and safer sex info for transfolks, mental health, etc  
<http://forge-forward.org/>
  - Center of Excellence for Transgender Health at UCSF  
<http://transhealth.ucsf.edu/>
  - Compass – FTM resources in New England  
<http://www.compassftm.org/resources.htm>
  - TransBucket – info related to transition surgeries (explicit)  
<http://www.transbucket.com/>
- Resources for educating uninformed providers:
- Link to download “Medical Therapy and Health Maintenance for Transgender Men: A Guide For Health Care Providers” – a comprehensive guide you can share with doctors with little experience treating trans patients  
<http://www.nickgorton.org/>
  - Link to download Dean Spade’s essay “About Purportedly Gendered Body Parts,” a resource to share with healthcare providers regarding the ways body parts are labeled in relation to gender  
<http://www.deanspade.net/2011/02/03/about-purportedly-gendered-body-parts/>

## Queer-Inclusive Healthcare -----

- Vermont Diversity Health Project – directory of physical and mental health providers who are LGBTQ-inclusive, with lots of info about their practices and levels of experience working with different populations  
<http://vdhp.org/>
- Fenway Health’s Resources page – Boston-specific and national, accessible LGBTQ health info and resources  
[http://www.fenwayhealth.org/site/PageServer?pagename=FCHC\\_res\\_resources\\_home](http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_res_resources_home)
- Tapestry Health – contraception and reproductive care, STI screenings, HIV counseling and testing, needle exchange, insurance enrollment, outreach efforts and WIC information. Queer-positive and geared toward low-income clients, with sliding-scale HIV testing.  
16 Center Street  
Northampton, MA  
(413) 586-2539  
[tapestryhealth.org](http://tapestryhealth.org)
- VTM4M – tons of health-related resources for male-identified folks who have sex with male-identified folks. <http://vtm4m.ru12.org/vtm4m/>

## DIY Health Knowledge -----

- Hesperian Health Guides – publishes “Where There is No Doctor”, “Where there is no Dentist”, and “Where Women have no Doctor” and has great do-it-yourself health info downloadable for free  
<http://hesperian.org/>
- Dental health information online  
<http://www.simplestepsdental.com>

## Sexual Health -----

- STD testing, including HIV testing, state-wide:  
<http://gettestedvermont.com/>
- AIDS Project of Southern Vermont - free, anonymous HIV testing via mouth swab in Brattleboro. Testing by appointment – YES, APSV will still offer testing in 2013!!!  
15 Grove St., Brattleboro, VT 05302  
(802) 254-4444  
<http://www.aidsprojectsouthernvermont.org>
- Pivot’s tips for making safer sex hot  
<http://pivotpdx.org/makingsafersexhot/>
- Shout Out Health – health info for the LGBTQ community, including “Ask a Doctor” and “Ask a Therapist” forums  
<http://www.shoutouthealth.com/>
- In-depth HIV Prevention info gathered by the AIDS Action Committee of Massachusetts  
<http://www.aac.org/get-info/health-library-topics/hiv-prevention-basics.html>
- How to use a condom demo – explicit!  
<http://www.dcfukit.org/howtoputonacondom.html>

## HIV/AIDS Info -----

- How HIV is spread – info from The Body, a great resource  
<http://www.thebody.com/content/art50252.html?ts=pf>
- The Vermont Department of Health HIV/AIDS information hotline and online resource guide – super queer-positive and harm reduction based  
800-882-AIDS (800-882-2437) –within VT  
802-863-7245 – from anywhere  
Weekdays (except holidays), 8:30am-4:30 pm  
<http://healthvermont.gov/prevent/aids/testing.aspx>

- HIV info from the AIDS Action Committee of Massachusetts – really good basic Q&A about HIV, AIDS and prevention  
<http://www.aac.org/get-info/hivaids-the-basics/>
- Myths about HIV/AIDS  
<http://action.aac.org/site/News2?page=NewsArticle&id=5313>

## LGBTQ-Positive Mental Health

### Support for LGBTQ Survivors of Violence -----

- Safe Space – LGBTQ survivors of violence support, resources and online info  
<http://www.ru12.org/safespace.html>
- The Network/La Red – survivor-led, bilingual organizing to end partner abuse, especially within the LGBTQ community, based in Massachusetts  
<http://tnlr.org/>
- Generation 5 – committed to ending childhood sexual abuse in five generations through transformative justice  
<http://www.generationfive.org/>
- Resources for male survivors and trans folks, including prisoner assault resources and sexual assault resources and hotlines in Vermont and New Hampshire  
<http://www.cc-info.net/sexuality/assault.html> - sexual assault

### Emergency Mental Health Support -----

--Not explicitly LGBTQ-inclusive

- Health Care and Rehabilitation Services Crisis Hotline – serves Windham and Windsor Counties, 24 Hour Hotline, and crisis team members will also meet with you for face-to-face support 24 hours a day  
1-800-622-4235  
[http://www.hcrs.org/index.php?option=com\\_content&view=article&id=124&Itemid=191](http://www.hcrs.org/index.php?option=com_content&view=article&id=124&Itemid=191)
- National Suicide Prevention Hotline – your call will be routed to the crisis center closest to you  
1-800-273-TALK (8255)  
<http://www.suicidepreventionlifeline.org/>

### LGBTQ-Positive Mental Health Support -----

- Fenway’s Listening Line: anonymous and confidential phone lines that offer gay, lesbian, bisexual and transgender adults and youths a “safe place” to call for information, referrals, and support.  
[http://www.fenwayhealth.org/site/PageServer?pagename=FCHC\\_srv\\_services\\_tollfree](http://www.fenwayhealth.org/site/PageServer?pagename=FCHC_srv_services_tollfree)  
Gay, Lesbian, Bisexual and Transgender Helpline  
617.267.9001; Toll-free: 888.340.4528  
Peer Listening Line  
617.267.2535; Toll-free: 800.399.PEER
- Vermont Diversity Health Project – directory of physical and mental health providers who are LGBTQ-inclusive, with lots of info about their experience working with different populations  
<http://vdhp.org/>

## Radical Mental Health -----

- *Friends Make the Best Medicine: A Guide to Creating Community Mental Health Support Networks*, assembled by The Icarus Project  
<http://theicarusproject.net/icarus-downloads/friends-make-the-best-medicine+>
- *Navigating Crisis*, by The Icarus Project.  
<http://theicarusproject.net/populareducationmaterials/navigatingcrisishandout>
- *Navigating the Space Between Brilliance and Madness Reader*, published by the Icarus Project  
<http://theicarusproject.net/publications/navigating-the-space-reader>

## Affording Care

### In Vermont -----

Vermont has low-cost and free healthcare options for residents who meet certain income and residency requirements. Vermont also has prescription assistance and free or low-cost health coverage for children. Info about the various programs can be found through the Office of Vermont Health Access (OVHA), at <http://dvha.vermont.gov/for-consumers>

- Pharmaceutical Patient Assistance Programs  
<https://www.pparx.org/Intro.php>
- Health and Human Services throughout Vermont  
<http://www.vermont211.org/>
- United Way of Windham County  
<http://www.unitedwaywindham.org/>
- Vermont Coalition of Clinics for the Uninsured (includes free clinic directory)  
<http://www.vccu.net/>  
(802) 251-8484  
81 Belmont Avenue, Brattleboro, VT 05301
- Brattleboro Walk-In Clinic (not in directory)  
<http://www.brattleborowalkinclinic.com/>

### In Massachusetts -----

Massachusetts has low-cost and free healthcare options for low-income residents who meet certain requirements. These are primarily through MassHealth, the state medicaid program, and Commonwealth Care, which consists of privately-run insurance which receives public subsidies. This system includes the Health Safety Net, which helps pay for “necessary care” for uninsured or underinsured residents (regardless of immigration status) at community health centers and hospitals, and assists in enrollment for low-income coverage.

- Health Safety Net -  
<http://www.massresources.org/hsn.html>  
Information about the Safety Net for uninsured/underinsured MA residents. (MA residents can have their hospital bills covered after the fact through HSN and the low-income coverage programs)
- Cooley Dickenson Hospital – Hampshire Health Connect - coordinates payment via the Safety Net & aids in enrollment in low income programs  
30 Locust Street, Northampton, MA  
70 Boltwood Walk, Amherst, MA  
(413) 582-2848  
<http://www.cooley-dickinson.org/Main/HampshireHealthConnect.aspx>
- Tapestry Health  
Tapestry also helps coordinate enrollment and care access in a queer-friendly environment  
16 Center Street  
Northampton, MA  
(413) 586-2539  
[tapestryhealth.org](http://tapestryhealth.org)
- Community Health Center of Franklin County – affordable clinics which provides medical & dental care, as well as discounted rates for those without coverage  
<http://www.chcfc.org>

- Community Action of the Franklin, Hampshire, and North Quabbin Regions – a broad-ranging resource for low-income & queer people in western Massachusetts, including support groups, youth programs, emergency food & utilities assistance, mental health and parenting resources

<http://www.communityaction.us/>  
 Information on Generation Q and TREE, Community Action’s queer and trans youth groups:  
<http://www.communityaction.us/our-groups-programs.html>

## Other Services and Info

### Syringe Exchange -----

- Vermont CARES  
<http://www.vtcare.org/>  
 (802) 748-9061  
 1290 Hospital Drive Ste 1  
 St. Johnsbury, VT
- HIV/HCV Resource Center  
<http://www.acornvt.org/>  
 (Syringe Exchange run out of Vermont’s Good Neighbor Clinic, though the HIV/HCV Resource Center is across the bridge in New Hampshire)  
 Good Neighbor Health Clinic  
 70 Main St.  
 White River Junction, VT
- Howard Center/Safe Recovery  
<http://howardcenter.org/index.php>  
 (802)488-6067  
 45 Clarke Street  
 Burlington, VT
- Tapestry Health  
<http://www.tapestryhealth.org/>  
 (413) 586-0310  
 16 Center Street, Suite 423  
 Northampton, MA
- Looking for other areas? Try the national syringe exchange directory at  
<http://harmreduction.org/connect-locally/>

### Local Services -----

- Brattleboro Area Drop-In Center – food shelf, job referrals, resources for homeless folks including shelter from the weather, phone access, a mailing address, case management, and clothing shelf.  
 60 South Main Street  
 PO Box 175  
 Brattleboro, VT 05302-0175  
 (802) 257-5415, (802) 257-2005, (800) 852-4286  
[badic@together.net](mailto:badic@together.net)  
<http://www.brattleborodropin.org/index.html>
- Youth Services – community resources for youth and families  
 32 Walnut Street  
 PO Box 6008  
 Brattleboro, VT 05302  
 (802) 257-0361  
<http://youthservicesinc.org/>
- Vermont Department of Labor Career Resources – job listings, workers’ comp info, and career exploration resources  
<http://www.labor.vermont.gov/InfoCenter/CareerExploration/tabid/381/Default.aspx>

### Anti-Oppression Resources -----

- AORTA Collective (Anti-Oppression Resource and Training Alliance) – great workshops and a fantastic page of links to other anti-oppression resources.  
<http://www.aortacollective.org/>
- The Catalyst Project – anti-racist organizing and resources: <http://collectiveliberation.org/>
- Generation 5 – committed to ending childhood sexual abuse in five generations through transformative justice: <http://www.generationfive.org/>
- INCITE! Women of Color Against Violence site – lots of resources for people doing local organizing  
<http://www.incite-national.org/index.php?s=37>

- Grassroots Economic Organizing (GEO) Collective – great anti-oppression resource page  
<http://www.geo.coop/node/450>
- Body Love Resources by Dianne Sylvan – awesome collection of body positive books and websites  
<http://diannesylvan.com/archives/1374>

## Consent and Sexual Assault Info -----

- Learning Good Consent Zine  
<http://zinelibrary.info/learning-good-consent>
- Supporting a Survivor of Sexual Assault Zine  
<http://zinelibrary.info/supporting-survivor-sexual-assault>
- The Support Zine – support for sexual assault survivors  
<http://www.phillyspiced.net/node/18>

## Other Great Zines -----

- Many Words for Family — Queer Families and Language  
<http://zinelibrary.info/many-words-family-queer-families-and-language>
- Taking the Cake: An Illustrated Primer on Asexuality  
<http://zinelibrary.info/taking-cake-illustrated-primer-asexuality-online-readable-version>
- Transcending Anatomy: A Guide to Bodies and Sexuality for Partners of Transpeople  
<http://zinelibrary.info/transcending-anatomy-1-guide-bodies-and-sexuality-partners-trans-people>

## Social and Community Projects

- Green Mountain Crossroads – new LGBTQ community organization, hosts community calendar  
[www.greenmountaincrossroads.org](http://www.greenmountaincrossroads.org)
- Tri State Gay Men – gay men’s social group  
Look them up on GM Crossroads website above!
- Queer Community Project – maintains an email list for queer community events in the Brattleboro area  
[http://www.vtgayguide.com/guide/member?member\\_id=112](http://www.vtgayguide.com/guide/member?member_id=112)
- Camp Destiny – radical faerie sanctuary in Vermont  
<http://www.faeriecampdestiny.org/>
- Glam – resources and social events for young gay/bi/trans/queer men in the Burlington area  
<http://www.ru12.org/glam.html>
- Vermont Gay Social Alternatives  
<http://www.vgsa.com/>
- Vermont Gay Guide - Vermont resources and events  
<http://www.vtgayguide.com/>
- Rainbow Resources New Hampshire – LGBTQ resources and social events  
<http://rainbowresources-nh.org/>
- RU12 – Queer community center, Burlington area  
The Champlain Mill  
20 Winooski Falls Way, Suite 102  
Winooski, VT 05404  
802.860.7812 (RU12)  
thecenter@ru12.org  
<http://www.ru12.org>
- Outright VT – programs for LGBTQ youth 22 and under  
241 North Winooski Ave  
McClure Multigenerational Building  
Burlington, VT 05401  
info@outrightvt.org  
802-865-9677 Fax: 802-861-2075  
<http://outrightvt.org/wordpress/>
- Homo Promo – Queer events in Brattleboro  
homopromovt@gmail.com  
[www.facebook.com/HOMOPROM0/info](http://www.facebook.com/HOMOPROM0/info)